

RIVER PERSONAL GEAR LIST

This gear is essential to your safety and comfort on the river. River temperatures in the fall typically range from 80's in the day to 30's at night. Please read through carefully and ensure you bring all required items. If you do not have an item on the list, we have gear you can borrow.

CLOTHES & GEAR

- Rain Gear- Gore Tex/heavy-duty Rain top/ jacket and Rain Pants

Boat Clothes:

- Synthetic pants (no cotton)

- Synthetic shorts or skort (no cotton)

- Synthetic shirt - Sun shirt recommended (no cotton)

- 1 pair of "river shoes" with sturdy soles - these can be river shoes like astrals, or your trail runner shoes, all-terrain sandals w/ ankle straps (Keen, Teva or Chaco style), or wetsuit booties w/ sturdy soles

- 1 pair of "river socks" (polypropylene, silk, wool, etc....no cotton!) and/or wetsuit socks

- 1 baseball cap or sun visor/ sun hat

- Sunglasses with "keeper strap" (a spare set is optional)

- 1 fleece or synthetic warm layer that can get wet

- 1 pair of long underwear bottoms or warm layer synthetic pants that can get wet

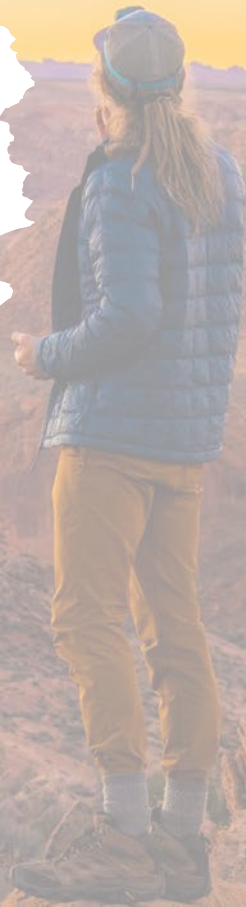
Camp Clothes:

- 1-warm sweater (fleece, polypropylene, capilene, silk, wool, etc....no cotton!) for layering

- 1 warm jacket (wool, fleece, synthetic, or down)

- 1 pair warm pants (fleece, wool, synthetic or down puffy material)

- Long Underwear set (top and bottom)



Camp Clothes (part 2):

- Warm hat

- 1 pair of "dry shoes" (sneakers work great) and a pair of socks for in camp & day hikes

- Optional: Insulated or Non-Insulated Muck Boots (e.g. Xtratuffs)

- 1 pairs of warm gloves (fleece, polypropylene, capilene, silk, wool, etc....no cotton)

- Optional: Hangout clothes - e.g., cotton pants, jeans, sweatshirt

TOILETRIES

- Personal hygiene items (no glass containers) for female bodies - this includes tampons, diva cup, and baby wipes and bandana)

- Sunscreen

- Lotion/moisturizer

- Toothpaste, Toothbrush

- Personal Medications if applicable

SLEEP SYSTEM

- Sleeping bag rated to at least 30 degrees, 15 degrees recommended

Note: You can bring a sleeping bag liner or down blanket in addition

- Sleeping Pad (insulite pad or Thermarest/inflatable pad)

Note: You may bring a "Paco Pad"

- Optional - cotton sheet/liner & small pillow

OTHER ITEMS

- Small flashlight w/ extra batteries (headlamp)

- Water bottles - 2-3 liters capacity

Tip: you'll want to rig one of these so it can be clipped with a small carabiner into the raft for easy access during days on the river.

- Small duffle w/ a few extra clothes, toiletries, etc. for on-campus time

Tip: you can leave in the van for the drive back



OPTIONAL ITEMS

Notebook, pens, pencils, watercolors

Camera

Small camp chair (Crazy Creek style works best)

Musical instruments!

Note: PC can likely provide protective, dry space for these

3-4 old "locking" carabiners

Tip: To clip things like water bottles into the raft

TRIP ITINERARY

Saturday, Oct 11:

Arrive in Prescott (stay on campus)

Sunday, Oct 12:

Campus tour with admissions and on-campus activities (stay on campus)

****Students may arrive by 10 am on Sunday October 12 if needed.**

Monday, Oct 13:

Meet at the Prescott College Warehouse and get ready. Then you'll drive to Sand Island, Utah on the San Juan River and camp at River at Sand Island to get ready to launch the next day.

Tuesday, Oct 14 - Friday, Oct 17:

On the River

Friday, October 17:

Drive Back (stay on campus)

Saturday, October 18:

Transfer to shuttle to fly out or picked up/drive out



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